



JUNIOR  
CHEERLEADERS

### 2019 JRC General Guidelines

1. Payment Installments will be accepted through August 25th. Uniform fees are due at the time of registration.
2. Refunds will not be given after the first rehearsal for any reason.
3. There will be no refunds on merchandise and uniforms. Exchanges will be granted at the discretion of the program coordinators.
4. There will be a \$25.00 service charge added to all returned payments.
5. All rehearsals will start on time at all locations. All JRC must be ready to practice at the start of the rehearsal.
6. Each JRC must check in with an administrative staff member at the start of every practice. All participants must have an account in good standing to participate.
7. Only dance or cheer shoes are recommended. NO hard soled shoes, boots or sandals are permitted. Cheerleaders without proper footwear will not be able to participate. Due to liability issues, NO ONE will be allowed to dance without shoes.
8. Each cheerleader is highly encouraged to wear their JRC tee shirt or Redskins Cheerleader merchandise to all practices. ALL JRC must wear the practice uniform (JRC tee shirt and black bottoms) to all mandatory practices. Some practices will be held outside. Please research the weather for that day and dress accordingly.
9. Only water in plastic water bottles is permitted in the dance studios. No food, soda or juice is allowed.
10. All Junior Redskins Cheerleaders must be picked up by the end of their rehearsal. If a cheerleader is picked up 20 minutes late, there will be a \$10.00 fee. Once 30 minutes late, the fee assessed will be \$1/minute. For example, if the cheerleader is picked up 60 minutes late, there will be a \$60.00 fee. All fees must be paid before the cheerleader will be able to participate in any activity. The Washington Redskins Cheerleaders and staff have several events planned each Saturday and are unable to stay and wait for parents to pick up their child.
11. At each mandatory practice the cheerleaders will complete a simple audition by performing the appropriate dance in their group. Cheerleaders that do not know the material will NOT be allowed to perform at halftime. Those cheerleaders will be allowed to attend the halftime performance to support their fellow teammates. This will hold cheerleaders accountable for attending the required rehearsals and practicing the material prior to each mandatory rehearsal.
12. Bad attitudes from Junior Redskins Cheerleader members and parents will not be tolerated. Any Junior Redskins Cheerleader or family acting negative or saying harmful things towards fellow squad members or staff members will be asked to leave the program immediately.
13. There will be no refunds given for any Junior Redskins Cheerleader dismissed from the program.
14. There are three things the Washington Redskins Cheerleaders and its staff gives and expects in return from every Junior Redskins Cheerleader and they are:

\* **Hard Work**

\***Dedication**

\***Positive Attitude**